

Lent 2018



The next two weeks are our Sign-Up Sundays for Living the Eucharist, a parish-based Lenten renewal program that reignites faith, builds community, and empowers Catholics to live and share the Gospel through life-giving encounters with Christ. Living the Eucharist brings the entire community together by helping parishioners understand the tremendous gift of the Eucharist and allowing them to participate more actively during Mass. Through Living the Eucharist, Catholics relate the experience of Sunday worship to their daily lives as missionary disciples, inspired to let the light of Christ shine in their families, workplaces, and parishes.

Parishioners will have the opportunity to sign up for a small group, a teen group, or to receive the Family Activity Booklet. The small groups and families meet six times during Lent. Participating in these activities is a great way to make Lent an enriching spiritual experience. Parishioners interested in joining a small group can sign up in the Narthex. **Please list the best days/times to meet.**

Each Sunday of Lent, a Living the Eucharist insert will be included in the bulletin that delves deeper into our understanding of about the true meaning of Mass, helps us to better understand the rituals and symbols of the Eucharist and encourages the discovery of new ways to make the Sunday Mass readings come alive. Families will talk about the gospel readings, pray, and discover ways to live the Eucharist together. The program will foster children's growth in faith and deepen family spirituality. The Lenten devotional booklet, [From Exodus to Easter: My Daily Journey Through Lent](#), will also be available for all parishioners to take home the Sunday before Ash Wednesday.

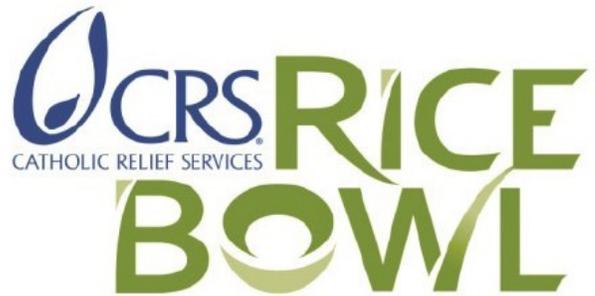
*"What wonderful majesty! What stupendous condescension!
O sublime humility! That the Lord of the whole universe, God
and the Son of God, should humble Himself like this under the
form of a little bread, for our salvation"* - St. Francis of Assisi

Ash Wednesday Masses

FEBRUARY 14, 2018

12:10 pm and 5:30 pm

SIMPLE SOUP SUPPER AFTER
THE 5:30 PM MASS



Catholic Relief Services (CRS) Rice Bowl is the Lenten program of Catholic Relief Services, the official international development and humanitarian relief agency of the United States Conference of Catholic Bishops. CRS Rice Bowl helps Catholics in the United States live out the Lenten pillars of prayer, fasting and almsgiving in solidarity with our poorest brothers and sisters. Seventy-five percent of CRS Rice Bowl donations help the poor overseas, and twenty-five percent support local hunger and poverty alleviation projects in our diocese. Additional prayer, educational and family resources are available online at crsricebowl.org and via the CRS Rice Bowl app. Parishioners can pick up a rice bowl in the narthex. Turn your bowl back in on Easter Sunday.

Fasting

On **Ash Wednesday and Good Friday**, those between the ages of 8 and 59 are required to fast (allowed only one full meal: two smaller meals are allowed as needed, but eating solid foods between meals is not permitted." Those who are sick are not bound by the fast and can make a different sacrifice.

Abstinence from meat: Those who are 14 years of age or older are to abstain from meat on Ash Wednesday and all the Fridays of Lent.

Stations of the Cross

Fridays of Lent –11:30 am



Penance Service -

Friday March 23, 2018 at 7 pm

Lenten Mini-Retreat

Saturday, March 3, 2018

GUEST SPEAKER: RACHEL BALDUCCI

9:15 AM - COFFEE AND DONUTS

9:30 AM - TALK ONE: "ME? HOLY?"

10:15 AM - Q&A/BREAK

10:45 AM - TALK TWO:

"DEVELOPING A HABIT OF PRAYER"

11:30 AM - CLOSING PRAYER