

St. Matthews

Lifeteen

Newsletter



A Message from your Youth Ministers



Dear Families,

Wow! What a fun and exciting Lifeteen year so far! We had a blast at the waterslide Lifeteen kickoff night! From there we entered into the Crux Bible Study with your teens. We have been in awe of how the Holy Spirit has worked in their hearts. It has been amazing witnessing the growth in their faith lives thus far. We wanted to thank you for allowing and trusting us to be a part of your teens' faith formation. We encourage that the conversations we have at Lifeteen be continued at home. We hope that your teens feel empowered to share what they have learned with their friends. We are praying for you and we ask for many prayers as we continue this journey!

Sincerely,

Lydia Payne and Maggie Fogarty

What we have done so far...

We just finished walking through a beginners bible study, the Crux, with your teens. Crux in English means "a central issue" in Latin it means "the cross". This is fitting because the cross is the core of our faith. The only way to learn the message of the cross is through the Gospel. After breaking down the Gospel, this study invited your teens to accept the Gospel of Jesus Christ and place it in the center of their lives.



Meet the CORE Team



Colton Gibbs



Lily Juarez



James Luppino



Ethan Heusel

Stay Tuned



Upcoming Talk Topics:

- Chastity-Theology of the Body
- Pro-life- The Respect for Human Life
- Mental Health- Catholic Psychology

Important Future Dates

- Oct. 16th - NO LIFETEEN
- Oct 30th- Next Family Night

Long term Ideas/Goals

- DYC (April 21st-23rd)
- Steubenville (July 7th-9th)
- Prayer and Action (A week in June)
- Covecrest (A week in July)

Testimonial

My name is Abby Knight. I am a junior at Southeast Bulloch High School and I am apart of St. Matthew's LifeTeen and Parish. I would love to share my testimony to you all! About a year and a half ago I completely fell away from God. I was at one of the darkest times of my life. Each day I would wake up with no happiness, nothing to live for, and I felt so empty. I let other people become the center of my life trying to love them more than God and myself. I left God out to dry. I craved validation all throughout that time but could never understand why. But, about 2 and a half months ago I got a text from Abby Cannady and that changed everything for me. The text stated, "Hey Abby! We have a spot open for Steubenville, would you like to come?" At first I hesitated. I felt ashamed of my sin and I started to realize how far gone I was. I thought He wouldn't accept me or allow me back to Him. But something called me to go. Something grabbed me by my hand and told me "Go! Go Abby." And that something is a someone, Our loving and gracious Father. Through the course of the weekend at Steubenville I realized that we can never be "too far gone" or "unworthy of forgiveness". God yearns for us and waits so patiently for us to make our way back home. This conference literally changed my life, the presences of Jesus was SO breathtaking it literally dropped you to your knees. I went to confession, prayed so much with the people I love, and sang till I couldn't sing anymore. I met lifelong friends with the same burning fire I have for Our Lord, and continue to talk to them till this day. God changed my life; he lifted me off the ground and wiped my tears. I am not saying that Life will be perfect, but with Him it is so much easier. Knowing you have someone to lean on and knowing you have a listening ear 24/7. That emptiness I felt before is now full of passion for The Lord. I now feel happy again and I realize that life is so beautiful. The validation I craved was because I was asking for it from someone who cannot fulfill me, but God can. Don't hesitate. Don't wait. Be bold and step out of your comfort zone. Because, that courageous leap of faith can change your life. Just like it changed mine.



"I have told you all this so that you may find peace in me. In the world you will have hardship, but be courageous: I have conquered the world." John 16:33